

NEWSLETTER



28th August 2017 Term 3 Week 7

St Canice's Catholic Primary

Phone: 4780 6800

Email: stcanices@parra.catholic.edu.au

Website: stcaniceskatoomba.catholic.edu.au

Facebook: St Canice's School Katoomba



St Canice's Catholic Primary School
Katoomba 2017

Growth through love and learning

Contents.....

- ⇒ **Book Week**
- ⇒ **Winter Disco**
- ⇒ **Attendance**
- ⇒ **Milo Cricket Gala Day**
- ⇒ **NAPLAN**
- ⇒ **Fathers Day Stall**
- ⇒ **Preschool Storytelling**
- ⇒ **Volunteer**
- ⇒ **Blue Mountains Basketball**
- ⇒ **Calmsley Hill**
- ⇒ **Head Lice**
- ⇒ **Phone Number Change**
- ⇒ **CEDP News**

Notes Distributed.....

- ⇒ **ACARA**
- ⇒ **The Cadman Family**
- ⇒ **Kindergarten Newsletter**

Dear Parents and Carers

Yesterday's Gospel reading (Matthew 16: 13-20) challenges us to think about who Jesus is in our life. Jesus questioned the apostles about their belief in Him. "May we answer his question as truthfully as possible, and then listen as he speaks".

I try to see Jesus in the people around me – the people at school, at home, at church, and in my community. By trying to see Jesus in everyone, helps to understand, forgive and to love each person.

At St Canice's we are trying to teach the students by our example. We teach each other that Jesus is in all the people around us – we just need to look deeply for his examples. Our school motto is "Growth through LOVE and learning." Therefore our relationship with others is significant.

Mr Mark Geerligs
Principal

St Mary of the Cross MacKillop Parish

Presbytery Contact Ph: 02 4782 2804

Fax: 02 4782 6090

Website: marymackilloppupperbluemountains.org.au

Mass Times

Friday: Katoomba 12 noon Mass

Saturday: Katoomba 9.30 am Mass **Saturday Vigil:** Leura 5pm Mass

Sunday: Wentworth Falls 8am Katoomba 10am Leura 5pm

Rosary: Monday Katoomba 8.30 am, Tuesday Leura 4.45pm,
Wednesday Wentworth Falls 9.30 am, Friday Katoomba 11.30 am.
Saturday Katoomba 9 am.

Enrolling Now for 2018

News from the Principal

Book Week

Last week we had a very successful Book Week and Grandparents Day. There were lots of people visiting our school. Thank you to all the grandparents, parents and carers who were able to attend last Tuesday. Well done, especially to Miss Sally for the wonderful organisation of the day. Many thanks to our three chefs who cooked 292 sausages for everyone to enjoy. They were delicious! Also thanks to all the staff that really got into the spirit of the day.



Winter Disco

The school disco was last Friday evening. There were many families enjoying the night. Thanks to Emma and Sarah for all their hard work. Also thanks to the other parents, carers and grandparents who helped with this function. The kids loved it!

What if your child is sick?

Our attendance percentage is 76.6%.

"Classrooms across Sydney's west are being left half empty as the worst flu epidemic in years takes its toll." Daily Telegraph Aug 19th. The absenteeism at St Canice's is high due to this flu epidemic. To stop the spread of germs, and if your doctor advises, please keep your child at home if they have a temperature, vomiting bug, infection or are coughing up phlegm.

All students are being encouraged to keep their hands clean by washing with soap or hand sanitizer and to cough into a tissue, handkerchief or the crook of their elbow.

The students are also being asked to blow their nose and throw the tissue straight into the bin.

Cold viruses have been shown to survive on surfaces for several days, and their ability to cause an infection can survive as long as 24 hours.

Absence Explanation Note: If your child is away from school, a note explaining their absence is required within seven days of returning to school. If no note is received, the absence is recorded as 'unexplained'. Parents can use the Skoolbag app to email an absence note to school.



Sport News

Milo Cricket

On Monday 14th August, 49 students from St Canice's represented our school at the Milo Cricket Blast Gala Day. They had a great day filled with lots of cheering, games and entertainment. All children showed excellent sportsmanship on the day and tried their very best. Some teams even made the finals. A huge thank you to Mrs Byrnes, Ms Krawczyk and all parent helpers for attending.



Congratulations to the stage 2 girls who went through their games undefeated. All the girls in Stage 2&3 exhibited superb sportsmanship and enthusiasm on the day.

NAPLAN

The school received the Year 3 and Year 5 NAPLAN test results, held in May. Our students are to be congratulated for their wonderful efforts with this test. There were some excellent results in both grades and as a staff, we were pleased with the overall performance and growth. The staff will be examining the results in detail to help guide our professional learning. Parents are encouraged to read through the report and speak to their child's teacher if they have any questions about the NAPLAN results. Parents of children in Year 5, will need to keep these NAPLAN results in a safe place as they may be required when applying for high school.

The purpose of NAPLAN is to provide information to parents and teachers about the achievements of students in aspects of Literacy and Numeracy. The Assessment provides a measure of the students' performance against established standards and against other students in our state. The Government sets minimum acceptable standards for literacy, numeracy, reading, writing, grammar, punctuation and spelling at each year group assessed. These are referred to as National Minimum Standards.

The school had a **higher** percentage of students **at or above** the National Minimal Standard compared to the State average.

Year 3 four disciplines – (reading, writing, spelling, numeracy),

Year 5 all five disciplines (reading, writing, spelling, grammar/punctuation and numeracy)

Fathers Day Stall

Sr Colleen is holding the St Canice's Fathers Day Stall tomorrow Tuesday 29th of August.

Gifts will range between \$1—\$5.

A big thank you to Sr Colleen and all the help and donations that have been received.



Preschool Storytelling

Miss Sally invites all Preschooler's to hear fun and exciting Storytelling on Tuesday's from 9 am in the Library.

Everyone welcome.



Volunteer

If you would like to volunteer at our school, this is what you need to do:

Log in to <http://www.parra.catholic.edu.au>



Select the icon

For Volunteers: Click on green Volunteers icon



Step 1 – Complete Volunteer form

Step 2 – Complete Training module

You will receive a confirmation email once the forms have been submitted.

Parents and close relatives of a child who volunteer do not require a WWCC.

A WWCC is required if

A volunteer is part of a formal mentoring program.

Where volunteering involves intimate personal care of children with a disability.

Volunteers are not parents or close relatives.

ACARA

The Australian Curriculum, Assessment, and Reporting Authority (ACARA) has requested that St Canice's disclose information such as your child's gender, date of birth, background language, parental occupation and parental education. This information is disclosed to ACARA under the ACARA Act 2008 for one or both of the following purposes:

- Formulating national reports consisting of aggregated data on school performance
- Assisting government to formulate policies in relation to education matters.

Further information about ACARA can be obtained from the ACARA website at www.acara.edu.au

If there are any concerns please contact the School Office by **Wednesday 30th August** on 4780 6800.

Calmsley Hill City Farm Excursion

Kindergarten will be going to investigate animals and their habitats at Calmsley Hill City Farm on Friday 8th of September.

Please ensure permission slips are returned to the Office by this Friday 1st of September.



Head Lice

We have had a number of reports of those little beasts "Head Lice" throughout the school.

We ask that you check your children for signs of infestation and if nits or lice are found that you treat them before the children return to school.

There are numerous treatments available and your pharmacist will be able to assist you with any questions.



St Canice's New Phone Number

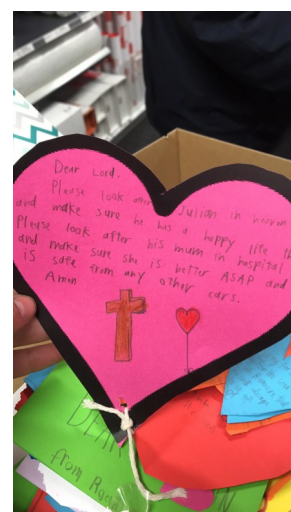
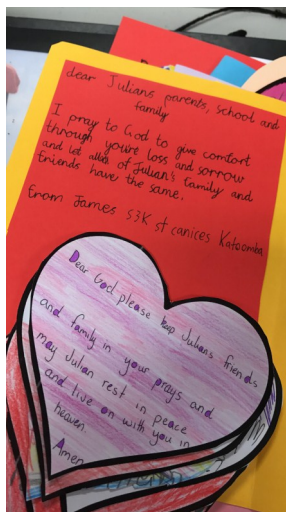
St Canice's Primary School has a new digital phone number. The number **4780 6800**, is now replacing 4782 1260.

A redirection will be in place for 18 months to allow time for our community to update and familiarise.



CEDP News

The Cadman family have expressed their deep thanks to the school communities within the Diocese of Parramatta for their compassion, their prayers and their support during this challenging time. There have been many requests for advice on how people can help in a practical way. A GoFundMe site has been set up by a close family friend to provide long term financial support to the family. The site can be accessed at <http://www.gofundme.com/the-julian-jom-fund>. Please keep the Cadman family in your prayers.





School Calendar

August

Week 7

Tuesday	29th	Fathers Day Stall Student Banking Preschool Storytelling	8:30— 10:30 8.45am
Wednesday	30th	ACARA concerns due	
Thursday	31st	Music and Italian Ukulele	1:20pm
Friday	1st	My School Lunch Box Assembly Year 2 Mass S3K String Ensemble	8.50am 12noon 3pm

Week 8

Monday	4th	NAPLAN on line trial My School Lunch Box	
Tuesday	5th	Student Banking Craft with Sr Colleen	8.45am
Wednesday	6th		
Thursday	7th	Music and Italian Choir	1.20pm
Friday	8th	My School Lunch Box Prayer Assembly -Mr Geerligs Mass 2SM String Ensemble	8:40 12pm 3pm

Our School Bell Times

8.40am School Begins

10.40 Recess

1.10 Lunch

2.50 End of Day

Change of Home or Emergency Contacts

If you have any changes to your home or emergency contact numbers, please contact the school Office as soon as possible. In cases of sickness or emergency, it is important that we have the correct contact details for your child(ren).

Reminder to Parents

Parents and visitors are reminded that, if entering the school grounds to attend classroom activities, etc, they are required to sign in at the Office on arrival, and sign out on departure.

Second Hand Uniform

We have a small collection of second hand uniform available for sale from \$5 per item. Please call into the Office for assistance.

Blue Mountains Basketball Association

Registration Day

When: Saturday 16th September 2017

Where: Katoomba Sports and Aquatic Centre

Time: 11:30am—1:30pm

All Ages Welcome

You can also nominate online at www.bmbasketball.com.au under "contact us". You can nominate as an individual or a team.



Subscribe to the Parent Calendar and Newsletter

www.stcaniceskatoomba.catholic.edu.au

Select "Current Community" click on Newsletter

If you do not want St Canice's to provide this information to ACARA, please inform the School Office by Wednesday 30th August



PRIVACY NOTICE

Information required to determine the *Index of Community Socio-educational Advantage* (ICSEA) for schools

This notice is from the Australian Curriculum, Assessment and Reporting Authority (ACARA), to advise you that ACARA has requested your child's school to provide ACARA with information about you and your child. Your school may disclose to ACARA information such as your child's gender, date of birth, country of birth, background language, parental occupation and parental education.

This information is disclosed to ACARA under the *ACARA Act 2008* for one or both of the following purposes:

- formulating national reports consisting of aggregated data on school performance; and
- assisting government to formulate policies in relation to education matters.

ACARA will not disclose this personal information to any third party. If you do not want your school to provide this information to ACARA, please advise your school within seven (7) days of receiving this notice.

Further information about ACARA can be obtained from the ACARA website at www.acara.edu.au.

Alice our Violin Instructor will be performing at the
Blue Mountains Theatre and Community Hub
on Sunday 10th September 2pm.



Georg our Cello instructor will be performing at the Gingerbread House on Saturday 16th
September 7:30pm

Joseph's Fine Chocolates of Leura, proudly presents :

"Cello & Chocolate"

amazing CONCERT & amazing DESSERT



*A Collection of
Cello Solos for the
mellow sound
of the lower strings
including "Didgeridoo"
& Marais - La Folia*

GEORG MERTENS - cello solo

SATURDAY 16 Sept 7.³⁰ pm

@ The Gingerbread House

Cnr. Warath & Lurline St. KATOOMBA

CONCERT & DESSERT \$ 55 (Child \$ 45)
CONCERT ONLY \$30 / Ch \$20

BOOKINGS essential: ph. 02 4782 6958

*Tickets include: hot chocolate shot on arrival ~
dessert at intermission ~ take home cello chocolate*

for program / online booking visit: www.georgcello.com

See Georg on Youtube - more than a million hits !





Painted Face Masks

with Naomi

Learn about masks from different cultures around the world, then create a painted mask in your own wonderful style!

ALL MATERIALS SUPPLIED

Bookings Essential



Wednesday
27th September

BLUE MOUNTAINS
LIBRARY

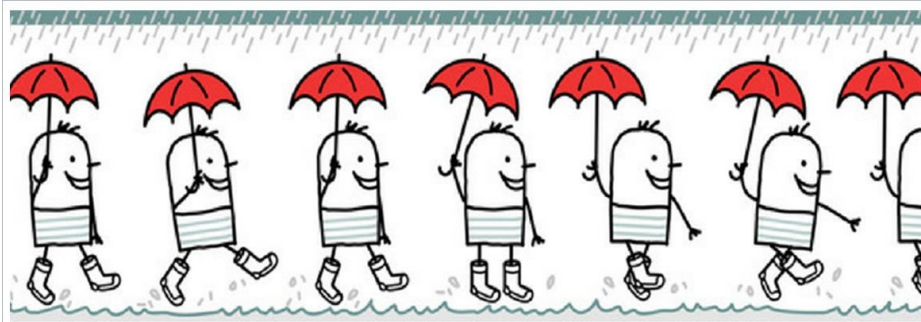
blue mountains
City Council

@ Katoomba Library

10:30am - 12 noon

6yrs - 12yrs

\$6.00 per child



Fun with Animation

Learn the basics of creating an animation, including stop-motion technique.

with Naomi

ESSENTIAL: Please bring an iPhone/iPad, preloaded with the FREE 'iMotion' app!



Tuesday 3rd October

@ Katoomba Library

10:00am - 12 noon

10yrs - 18yrs

\$6.00 per student

BLUE MOUNTAINS
LIBRARY

blue mountains
City Council

Bookings Essential



Blue
Mountains
Theatre &
Community Hub
Springwood

Register at:
www.bmee.org.au
admin@bmee.org.au
Tel: (02) 4782 6555

FREE EVENT
ALL WELCOME



Bushfire Building Community Day Forum and Marketplace

Saturday 9 September 2017 10am - 3pm

With a whole range of bushfire related topics to be discussed on the day, this event is not to be missed.

- Bushfire season update
- BAL-rated products expo
- Bushfire building expert advice
- NSW RFS Interactive displays
- Free Sausage sizzle
- Kids activities

MAJOR PARTNER



PLATINUM SPONSORS



GOLD SPONSOR



BRONZE SPONSOR



EVENT PARTNERS



The simplest way

...to food shop on a budget.

Here are our five top tips to save money while shopping for your fruit and veg.

1. Create a weekly menu plan (you can download a menu planner from eatittobeatit.com.au).
2. Write a shopping list based on the menu plan.
3. Compare prices using 'unit pricing' (per kilo/100grams) if available.
4. Buy fruit and vegetables that are in season, or pick the canned/frozen option if cheaper.
5. Limit your purchases of processed pre-prepared snacks and meals.



For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

The simplest way

...to create a tasty snack with hummus.

Serves: 6 | Preparation: 5 mins | Cooking: 0 mins

Ingredients

1 x 420g can chickpeas, rinsed and drained
1 clove garlic, crushed
½ teaspoon ground cumin
1 tablespoon lemon juice
1 tablespoon tahini
1 tablespoon olive oil
2 tablespoons water, optional
Vegetable sticks, to serve.



Method

1. Place chickpeas in a food processor with garlic, cumin, lemon juice, tahini and oil.
2. Blend to a smooth purée. Add a little water if it needs thinning.
3. Serve with vegetable sticks or cut some whole grain pita bread into triangles and bake in the oven until crisp.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

The simplest way

...to increase your fruit and veg intake.

Myth

Frozen and canned fruit and vegetables don't count towards your daily intake of fruit and vegetables.



Fact

- Frozen or canned fruit and vegetables are great alternatives when fresh varieties are out of season, unavailable or more expensive.
- Frozen and canned vegetables are usually packed shortly after picking, so there is little nutrient loss.
- Varieties with no added sugar or salt are the best choice (look for tinned fruit in natural juice rather than syrup and tinned vegetables with no added salt).

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

The simplest way

...to pack a healthy lunch box.

Everyone should aim for 2 serves of fruit and 5 serves of vegies, every day for good health. Sounds hard, but it's easier if you include fruit and veg across the day...try these simple ideas:



- **Pack vegetable sticks** – try carrots, celery, capsicum and cucumber – with hummus and vegetable based dips (like pumpkin, beetroot, spinach or red bean).
- Add a **small 150g tin of baked beans** to your child's lunch box (decant into a container your child can open).
- **Leftovers** are an exciting lunch box addition: try packing fried rice, vegie stir-fries or some vegie frittatas- they all taste great cold!
- **Make a fruit salad** – use whatever fruit you have in the house, chop in small pieces.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

THE ELEMENTS

**A BMAN Exhibition
(Blue Mountains Artists Network)**

24 August - 17 September 2017

Braemar Gallery and BMAN warmly invite you
to the launch to be opened by
Dr Shane Smithers

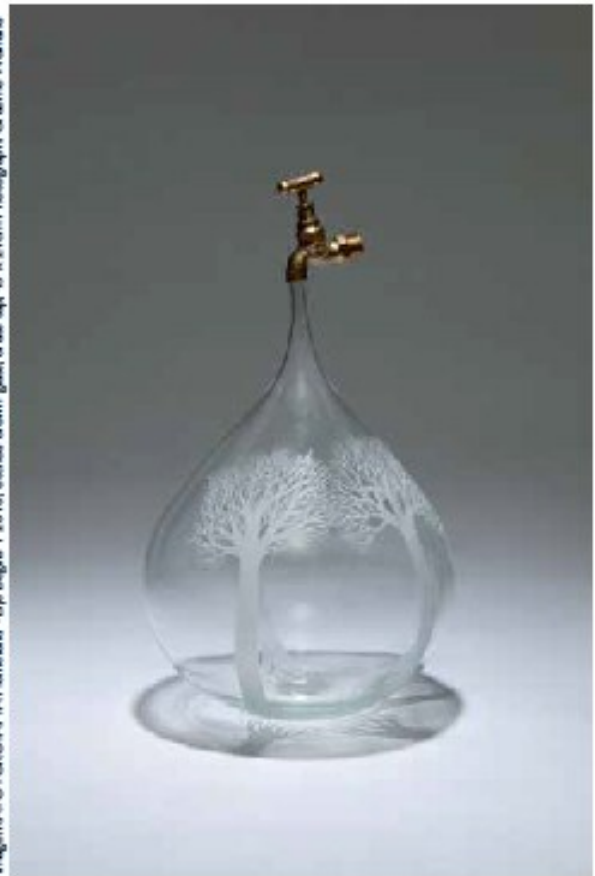
Saturday 2 September, 2 - 4pm

Part of the Blue Mountains Arts Trail 2-3 September



Braemar House and Gallery,
104 Macquarie Road, Springwood
Thursday - Sunday 10am-4pm
email: braemargallery@gmail.com

Image: KATOYOKOYAMA, 'Homeland' - Life Begins / 2016, etched blown glass, brass tap, 46 x 24cm Photographs Graeme Wainand





Enrol
Now

Katoomba Leura Preschool

Excellence in Community Run Preschool Education

*\$10 per day for
low income,
Aboriginal &
Torres Strait
Islander families*



4782 1639

Corner Lett & Wilson St, Katoomba
www.katoombaleurapreschool.com.au