



Cross Country 2021

Dear Parents/Carers,

On Tuesday, 16th March (Week 8) all children from Kindergarten to Year 6 will participate in the annual Cross Country Carnival. The Cross Country Carnival will be held at Katoomba Falls Reserve, Katoomba Falls Rd, Katoomba.

It will be a great day where the children can participate in a range of activities to earn points for their House. There will be cheering, marching, tabloid games and the Cross Country events.

The children will complete the following course

Kindergarten:	1 lap of course with Year 6 buddies
Year 1 & 7 year olds:	1 lap of course
8, 9, 10 Yrs:	2 laps of course
11 Yrs:	3 laps of course
12 Yrs:	3 laps of course

- Children will need to be at school by 8:30am.
- The children will then walk to the Reserve with their class group and teacher.
- It is anticipated that the Cross Country events will commence at about 9:30am.

Requirements

What to Wear Children can wear shorts and shirts in the colour of their house teams. A hat is essential. A jumper may be needed in case of cold weather.

What to Bring **Plenty of water** to drink (no glass bottles)
Sunscreen
Morning tea, lunch
Runners
Something to sit on if the ground is damp

In order to run the carnival, we require a small number of parents to help with various roles such as

- course marshals
- timekeepers

If you are able to assist, please indicate on the attached form.

Parent/Carer Spectators - To ensure we keep to the CEDP Covid-19 regulations please stay within the assigned parent area at all times unless you are assisting with the carnival. Please note that you will be able to view your child from this area. However, you will be unable to join your child or have your child join you. Please abide by the 1.5m social distancing rule. Any changes to restrictions will be confirmed before the event.

At the conclusion of the day, children will return to school where they will be collected by parents/carers as usual on bell time.

If the weather forecast predicts rain the backup date for the carnival will be Friday 23rd April 2021.

Please fill out the entry form attached and **return it to school** by Wednesday 10th March 2021

Many thanks,
Kylie Ranson
Sports Coordinator

St Canice's School Cross Country 2021

Entry Form



Please complete and return to school by Wednesday 10th March 2021

Child's Name: _____ Age (turning) in 2021 _____ Class: _____

I give permission for my child _____ to participate in the St Canice's Cross Country Carnival at Katoomba Falls Reserve on **Tuesday 16th March, 2021**.

Does your child have a medical condition? YES / NO If yes, please indicate: _____

Parent/Carer's Name: _____

Contact Phone Number: _____

Signed: _____ Date: _____

Help

I am able to help at the Cross Country Carnival as a (please circle)

- Course marshal
- Timekeeper

Parent/Carer Name: _____

Signed: _____

Date: ___ / ___ / ___

Growth Through Love & Learning

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